

Radio Pocket Card

☆ 1. Listen first

NOAA Weather Radio	MHz
Phoenix (KEC94)	162.550
Payson (Mt. Ord)	162.425
Flagstaff	162.400
Globe	162.500
Prescott	162.525
Tucson	162.400

SAME code **004013** (Maricopa County).

Emergency radio (EAS stations named by Maricopa County):
KTAR 620 AM, KTAR News 92.3 FM, KMVP 98.7 FM. Local news:
KFYI 550 AM (local news; not an EAS station).

Turn the radio on, then save batteries: listen at the top of each hour.

☆ 2. Talk

- **CB ch 9:** emergencies only. **Ch 19:** highway traffic. No license.
- **FRS** ch 1-22: no license. Privacy codes are *not* private.
- **GMRS:** FCC license (\$35, 10 yrs, no test, covers family).
- **MURS:** 151.820 · 151.880 · 151.940 · 154.570 · 154.600. No license.
- **Ham calling:** **146.520 & 446.000** MHz. License needed, except in a real life-or-property emergency (47 CFR 97.403).
- **Family check-in:** top of the hour, 5 minutes. Radio off between.

☆ 3. Call for help

"MAYDAY, MAYDAY, MAYDAY (or "Emergency, emergency" on CB ch 9 / FRS) — **this is [name / call sign]."**

1. **WHERE:** "I am at [address / cross streets / mile marker / GPS lat-long]."
2. **WHO:** "[number] people. [ages / conditions]."
3. **WHAT:** "[injuries / medical problem / danger, e.g., heat stroke, car broken down, no water]."
4. **NEED:** "We need [ambulance / water / ride / relay to 911]."
5. "Please relay to 911. Over." Then **listen**. Repeat every few minutes. Save battery between calls.

☆ 4. Spell it out

A Alfa · B Bravo · C Charlie · D Delta · E Echo · F Foxtrot · G Golf · H Hotel · I India · J Juliett · K Kilo · L Lima · M Mike · N November · O Oscar · P Papa · Q Quebec · R Romeo · S Sierra · T Tango · U Uniform · V Victor · W Whiskey · X X-ray · Y Yankee · Z Zulu

My radio	Channel	Backup
FRS/GMRS		
CB	9	19
Ham	146.520	

Sources: FCC 47 CFR Parts 95 & 97; National Weather Service Phoenix; ARRL; Ready.gov.
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